

Men are Different: Exploring New Perspectives in Healing

Agenda

8:30 am: Registration

Morning Session (9:00-12:00 including mid-morning break):

- Introduction of the topic: Presenter's background and perspective
- Guidelines
- Dissociation, survival strategies
- Role of emotions
- Addictions, compulsions, and fixations
- Effects of boyhood sexual abuse and presenting issues.
- Effective and ineffective therapeutic approaches - specific issues/needs of male survivors
- Video "Back on Track" and discussion if time allows

12:00 - 1:00 Lunch

Afternoon Session (1:00-5:00 including mid-afternoon break):

- Continued discussion of video - Q&A
- Group therapy and recovery workshops.
- More on issues of male survivors.
- Issues for the therapist/counselor – countertransference pitfalls, stress, burnout, and compassion fatigue,
- Male sexual victimization: the larger picture.
- Resources.
- Questions and answers.